

## Training Schedule -

Official Nation Training will be conducted from the 18<sup>th</sup> January to the start of the competition. During this time Nations will be allocated into 8 training groups with up to 25 paddlers per group.

Tuesday 18 <sup>th</sup> January	7:30 – 8:30am	Group A Training	AUS, SUI
	8:30 – 9:30am	Group B Training	CAN, FIN, AUT
	9:30 – 10:30am	Group C Training	GBR, SWE
	3:15 – 4:15pm	Group D Training	USA, ISR, MEX
	4:15 – 5:15pm	Group E Training	JPN, CZE, ITA
	5:15 – 6:15pm	Group F Training	FRA, ESP, CRC
	6:15 – 7:15pm	Group G Training	GER, RSA, IRL
	7:15 – 8:15pm	Group H Training	NDL, SVK,NZL
Wednesday 19 <sup>th</sup> January	8:30 – 9:30am	Group B Training	CAN, FIN, AUT
	9:30 – 10:30am	Group C Training	GBR, SWE
	12:00 – 1:00pm	Group D Training	USA, ISR, MEX
	3:15 – 4:15pm	Group E Training	JPN, CZE, ITA
	4:15 – 5:15pm	Group F Training	FRA, ESP, CRC
	5:15 – 6:15pm	Group G Training	GER, RSA, IRL
	6:15 – 7:15pm	Group H Training	NDL, SVK,NZL
	7:15 – 8:15pm	Group A Training	AUS, SUI
Thursday 20 <sup>th</sup> January	8:30 – 9:30am	Group C Training	GBR, SWE
	9:30 – 10:30am	Group D Training	USA, ISR, MEX
	10:30 – 12:00	Group E Training	JPN, CZE, ITA
	3:15 – 4:15pm	Group F Training	FRA, ESP, CRC
	4:15 – 5:15pm	Group G Training	GER, RSA, IRL
	6:15 – 7:15pm	Group A Training	AUS, SUI
	7:15 – 8:15pm	Group B Training	CAN, FIN, AUT
	Friday 21 <sup>st</sup> January	9:30 – 10:30am	Group D Training
10:30 – 11:30am		Group E Training	JPN, CZE, ITA
11:30 – 12:30pm		Group F Training	FRA, ESP, CRC
3:15 – 4:15pm		Group G Training	GER, RSA, IRL
4:15 – 5:15pm		Group H Training	NDL, SVK,NZL
5:15 – 6:15pm		Group A Training	AUS, SUI
6:15 – 7:15pm		Group B Training	CAN, FIN, AUT
7:15 – 8:15pm		Group C Training	GBR, SWE
Saturday 22 <sup>nd</sup> January	5:30 – 6:30pm	Group E Training	JPN, CZE, ITA
	6:30 – 7:30pm	Group F Training	FRA, ESP, CRC
	7:30 – 8:30pm	Group G Training	GER, RSA, IRL
Sunday 23 <sup>rd</sup> January	7:15 – 8:15am	Group H Training	NDL, SVK,NZL
	8:15 – 9:15am	Group A Training	AUS, SUI
	5:30 – 6:30pm	Group B Training	CAN, FIN, AUT
	6:30 – 7:30pm	Group C Training	GBR, SWE
	7:30 – 8:30pm	Group D Training	USA, ISR, MEX

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Monday 24 <sup>th</sup> January	7:30 – 8:30am	Group F Training	FRA, ESP, CRC
	8:30 – 9:30am	Group G Training	GER, RSA, IRL
	9:30 – 10:30am	Group H Training	NDL, SVK, NZL
	3:15 – 4:15pm	Group A Training	AUS, SUI
	4:15 – 5:15pm	Group B Training	CAN, FIN, AUT
	5:15 – 6:15pm	Group C Training	GBR, SWE
	6:15 – 7:15pm	Group D Training	USA, ISR, MEX
	7:15 – 8:15pm	Group E Training	JPN, CZE, ITA
Tuesday 25 <sup>th</sup> January	7:30 – 8:30am	Group G Training	GER, RSA, IRL
	8:30 – 9:30am	Group H Training	NDL, SVK, NZL
	9:30 – 10:30am	Group A Training	AUS, SUI
	1:45 – 2:45pm	Group B Training	CAN, FIN, AUT
	2:45 – 3:45pm	Group C Training	GBR, SWE
	3:45 – 4:45pm	Group D Training	USA, ISR, MEX
	4:45 – 5:45pm	Group E Training	JPN, CZE, ITA
	5:45 – 6:45pm	Group F Training	FRA, ESP, CRC
<b>Group</b>			
Group A	Australia, Switzerland		
Group B	Canada, Finland, Austria		
Group C	Gt Britain, Sweden		
Group D	USA, Israel, Mexico		
Group E	Japan, Czech Republic, Italy		
Group F	France, Spain, Costa Rica.		

### Points to Note:

This schedule allows each team one hour on the water each day except for Saturday & Sunday when the water time is spread to allow one slot over the two days for each group.

Team leaders will need to allocate time to the various features. Not all paddlers will be able to train on the Main Wave at once. Team leaders should allocate each paddler an amount of time on the main wave.

Squirt boats will have no allocated training time but are permitted to train at any time which is convenient to them during the scheduled hours.

The times indicated are strictly the times allocated to that Nation on the Whitewater Course. The whitewater course for this purpose is considered to be from above the “top drop” to below the “bottom drop.” Other paddlers are permitted on the flat water and in the bottom pond at any time during scheduled training times.

During the unallocated times (Open Freestyle Training) any paddler entered in the World Championships is permitted to paddle on the course.

At all times during training and the competition paddlers using the whitewater channel must wear their competition bib. (Except for Tuesday 18<sup>th</sup>). **Any paddlers found swapping bibs may be removed from the competition.**

All paddlers must respect the rights of all competitors and share the time allocated. On the main wave be watchful of the paddlers waiting above the feature wanting to train their entry moves.